

2018 Covered Preventive Services

The Affordable Care Act (ACA), commonly known as “health care reform,” mandates insurance coverage for many preventive screenings and basic health care services. These services are provided without any additional cost-sharing requirements to the member when they are delivered by a network provider.

In addition to covering mandated preventive services, Physicians Plus will continue to cover other preventive services that our medical management team considers important to maintaining a healthy lifestyle.

The list of covered services changes from time to time; please view the most up-to-date list from our website at www.pplusic.com or call us at 1-800-545-5015.

Covered Preventive Services for Children

- **Alcohol and Drug Use**
Assessments for adolescents (age 12-18).
- **Autism**
Screening for ages 18 months and 24 months.
- **Behavioral Assessments**
Up to age 17.
- **Blood Pressure**
Screening.
- **Cervical Dysplasia**
Screening for sexually active females.
- **Depression**
Screening for adolescents (age 12-18).
- **Developmental Screening**
For children under age 3
- **Dyslipidemia**
Screening for children at higher risk of lipid disorders (age 1-17).
- **Fluoride treatments**
- **Gonorrhea Preventive Medication**
For the eyes of all newborns (age 0-60 days).
- **Hearing Screening**
For all newborns (age 0-60 days).
- **Height, weight and body mass index (BMI)**
Measurements.
- **Hematocrit or Hemoglobin**
Screening.
- **Hemoglobinopathies or Sickle Cell**
Screening for newborns (age 0-60 days).
- **Hepatitis B**
Screening for adolescents at high risk
- **HIV Screening**
For adolescents at higher risk.
- **Hypothyroidism**
Screening for newborns (age 0-60 days).
- **Immunizations**
Doses, recommended ages and populations vary:
 - ◆ Diphtheria, Tetanus, Pertussis
 - ◆ Haemophilus influenza type B
 - ◆ Hepatitis A and Hepatitis B
 - ◆ Human Papillomavirus
 - ◆ Inactive Poliovirus
 - ◆ Influenza (flu shot)
 - ◆ Measles, Mumps, Rubella (MMR)
 - ◆ Meningococcal
 - ◆ Pneumococcal
 - ◆ Rotavirus
 - ◆ Varicella
- **Iron Supplements**
For children age 6-12 months at risk of anemia.
- **Lead Screening**
For children at risk of exposure.
- **Medical History**
- **Obesity Screening and Counseling**
- **Oral Health**
Risk assessment (age 0-10).
- **Phenketonuria (PKU)**
Screening for newborns (age 0-60 days).
- **Sexually Transmitted Infection (STI)**
Prevention counseling and screening for adolescents (age 12-18) at higher risk.
- **Tuberculin**
Testing for higher risk children.
- **Vision Screening**

Covered Preventive Services for Adults

- **Abdominal Aortic Aneurysm**
Screening for men ages 65-75.
- **Alcohol Misuse**
Screening and counseling (age 18 and older).
- **Aspirin Use**
Low dose aspirin regimens for at-risk adults ages 50-59.
- **Blood Pressure**
Screening (age 18 and older).
- **Cholesterol**
Screening for adults (age 35 and older) or those at higher risk (age 20-35).
- **Colorectal Cancer Screening**
Adults ages 50-75.
- **Depression**
Screening.
- **Type 2 Diabetes**
Screening for adults with high blood pressure.
- **Diet Counseling**
For higher risk adults.
- **Hepatitis B Screening**
For high-risk individuals
- **Hepatitis C Screening**
For high-risk individuals or one time for adults born between 1945-1965.
- **HIV**
Screening for all adults age 15-65, and other ages at higher risk.
- **Immunizations**
At recommended dosages and populations:
 - ◆ Hepatitis A and Hepatitis B
 - ◆ Herpes Zoster
 - ◆ Human Papillomavirus
 - ◆ Influenza (flu shot)
 - ◆ Measles, Mumps, Rubella (MMR)
 - ◆ Meningococcal, Pneumococcal
 - ◆ Tetanus, Diphtheria, Pertussis
 - ◆ Varicella
- **Lung Cancer**
Screening for adults at high risk (age 55-80)
- **Obesity**
Screening and counseling.
- **Sexually Transmitted Infection (STI)**
Prevention counseling for asymptomatic, non-pregnant adults.
- **Syphilis**
Screening for high-risk adults.
- **Tobacco Use**
Cessation counseling.

Covered Preventive Services for Women, including Pregnant Women

- **Breast Cancer Genetic Risk Assessment**
For high-risk women only; prior authorization required.
- **Breast Cancer**
*Screening every 1-2 years (age 40 and older).
Chemoprevention and genetic test counseling for women at higher risk.*
- **Breast Feeding**
Counseling and necessary equipment.
- **Cervical Cancer**
Screening (age 21-65).
- **Chlamydia Infection**
Screening.
- **Contraceptives**
Approved by the Food and Drug Administration (at least one in every class), sterilization procedures, and patient education and counseling, not including abortifacient drugs.
- **Domestic and Interpersonal Violence**
Screening and counseling.
- **Folic Acid Supplements**
For pregnant women.
- **Gonorrhea**
Screening.
- **Healthy Pregnancy**
Screenings, including anemia, bacteriuria urinary screening, gestational diabetes, Hepatitis B, HIV, Rh incompatibility, Syphilis
- **Human Papillomavirus (HPV) DNA test**
Every 3 years for women with normal cytology results who are age 30+.
- **Osteoporosis**
Screening over age 60 with risk factors.
- **Tobacco Use**
Cessation counseling.
- **Well Woman**
Visits to obtain recommended preventive services for women under age 65.